



LENT SCHEDULE *at Sacred Heart*

Ash Wednesday - Feb. 17th

**8:30 AM Mass -OR- 10 minute Prayer Services
w/ distribution of ashes:**

Onsite or Online Mass 8:30am:

Onsite registrations required. To register, go to our website
or call the parish office by 4pm, Tue, Feb 16th, 203-264-5071.

Ashes will be given using a new cotton swab for each person.

Online Masses are streamed live on:

**shcsouthbury.online.church • [Facebook](#) • [Youtube](#)
[SHC Website](#)**

10 minute Prayer Services Onsite w/ Ash distribution:

12pm, 1pm, 3pm, 5pm, 7pm

**Walk-in No registration is required. Masks and social distancing.*

Ashes will be given using a new cotton swab for each person.

Lent Kits

Including the Little Black Prayer Book

Kits contains items to unite us in prayer and practice this season! Available in the Atrium on Ash Wednesday and in the outside 24/7 pick up area near the Parish Office entrance.

Drive-thru Stations of the Cross

**Due to snow accumulation, Stations of the Cross will not be displayed on
Ash Wednesday. We will get them up as soon as the conditions allow.**

Giant murals for each Station will be placed throughout the parking lot. The murals feature reflective colorful images by Brother Mickey McGrath and a reflection for each station. Come and pray anytime! Start at the Route 172 entrance.

6 Minute ONLINE Black Book Reflections

Every evening during Lent live at 7:30pm:

shcsouthbury.online.church, [Facebook](#), [Youtube](#)

Join us as parish members read the scripture and reflection
from the Little Black Book. Watch anytime on demand:

[Facebook](#), [Youtube](#) and [SHC Website](#)

Little Rock Scripture Study

An enriching addition to your prayer life for Lent 2021

LRSS Program will be offering The Passion and Resurrection Narratives of Jesus, a 6 week study designed so that you can take part from the comfort of your own home and favorite chair. In a single volume, available from Amazon or from Liturgical Press, same features as in past studies: Bible readings, (in this case sections from Matthew, Mark, Luke and John,) relevant commentary, material for group and private prayer, and discussion questions for each week. In addition, a video is included for each lesson that can be used for leisurely viewing at home. Zoom sessions will meet on **Thurs. mornings at 9:30**, starting on **Feb. 18th**. Registration in advance; questions may be directed to Maureen at mfmcderr@netscape.net